

## CURRICULUM VITAE

**DR. PALAK GUPTA**  
**MBBS (JIPMER),**  
**MS(ENT), DNB (ENT) AIIMS JODHPUR**  
**FORMER SENIOR RESIDENT – AIIMS JODHPUR**  
**MNAMS**

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### **PERSONAL DETAILS:**

Name:	<b>DR. PALAK GUPTA</b>
Age :	33years
Gender:	FEMALE
Date of Birth:	01.07.1991
Nationality:	India
Permanent address:	69/13-A DANA KHORI KANPUR, U.P.
Language skills:	English, Hindi

**EDUCATION DETAILS:**

<i>MS [Master of Surgery]</i>	Post Graduate qualification in the subject of <b>‘OTORHINOLARYNGOLOGY’</b> <b>BATCH:</b> JAN 2018 – 2021 <b>Institution:</b> ALL INDIA INSTITUTE OF MEDICAL SCIENCES, JODHPUR
<i>DNB (Diplomate Of National Board)</i>	<b>OTORHINOLARYNGOLOGY</b> <b>JUNE 2021</b> <b>Institution:</b> ALL INDIA INSTITUTE OF MEDICAL SCIENCES, JODHPUR
<i>MBBS [Bachelor of Medicine and Bachelor of Surgery]</i>	<b>Year:</b> 2011-2017 <b>Institution:</b> JAWAHARLAL INSTITUTE OF POSTGRADUATE MEDICAL EDUCATION AND RESEARCH (JIPMER, PUDUCHERRY)
<b>COUNCIL OF INDIAN SCHOOL CERTIFICATE EXAMINATION (CISCE)</b>	MARCH 2009 ST. MARY’S CONVENT HIGH SCHOOL, KANPUR <b>Board:</b> ISC <b>Percentage obtained:</b> 91% AWARDED BEST IN SCIENCE STREAM
<b>COUNCIL OF INDIAN CERTIFICATE OF SECONDARY EDUCATION EXAMINATION</b>	MARCH 2007 ST. MARY’S CONVENT HIGH SCHOOL, KANPUR BOARD: I.C.S.E <b>Percentage obtained:</b> 90% AWARDED BEST IN SCIENCE STREAM

<p><b>PROFESSIONAL EXPERIENCE</b></p>	<p><i>Currently working as – Assistant Professor, Department of ENT at DR. RMLIMS, Lucknow (since 25 November 2024)</i></p> <p><b>FULL TIME CONTRACTUAL SPECIALIST (ENT) AT ESIC DENTAL COLLEGE AND HOSPITAL, ROHINI, NEW DELHI – (21 JUNE 2024 – 16 NOVEMBER 2024)</b></p> <p><b>Senior Resident</b> at Department of Otorhinolaryngology– <b>AIIMS Jodhpur</b> (June 2021- June 2024)</p> <p><b>Post Graduate student</b> in Department of Otorhinolaryngology – <b>AIIMS Jodhpur (03 years).</b></p>
<p><b>PUBLICATIONS: 7 PubMed- 7</b></p>	<ol style="list-style-type: none"> <li>1. <b>Gupta P, Saxena S, Sharma V, Thirunavukkarasu B, Tiwari S, Goyal A. Neurosarcoidosis – A diagnostic challenge?</b> Indian J Otolaryngol Head Neck Surg. 2023 Apr 29 : 1–4. doi :10.1007/s12070-023-03801-6</li> <li>2. D. Kaushal, N. Rajan, K. Soni, A. Sharma, B. Choudhury, T. Yadav, P. Khera, <b>P. Gupta</b>, N. Kaur, A. Goyal. <b>Republication de : Reducing mortality in mucormycosis of the head and neck in diabetic patients: A CARE case series.</b> Annales françaises d'Oto-rhino-laryngologie et de Pathologie Cervico-faciale. Volume 139, Issue 3, 2022. Pages 147-152. ISSN 1879-7261. <a href="https://doi.org/10.1016/j.aforl.2022.03.002">https://doi.org/10.1016/j.aforl.2022.03.002</a>.</li> <li>3. D. Kaushal, N. Rajan, K. Soni, A. Sharma, B. Choudhury, T. Yadav, P. Khera, <b>P. Gupta</b>, N. Kaur, A. Goyal. <b>Reducing mortality in mucormycosis of the head and neck in diabetic patients: A CARE case series.</b> European Annals of Otorhinolaryngology, Head and Neck Diseases, 2022-05-01, Volume 139, Issue 3, Pages 146-152 <a href="https://doi.org/10.1016/j.anorl.2021.06.015">https://doi.org/10.1016/j.anorl.2021.06.015</a></li> <li>4. <b>Gupta P, Jharna M, Krishnamurthy S, Bharathi D, Pandit N. Profile of Urinary tract infections in Paediatric patients.</b> Indian J Med Res. 2015 Apr; 141(4): 473–477. doi: <a href="https://doi.org/10.4103/0971-5916.159299">10.4103/0971-5916.159299</a></li> <li>5. Akhilesh Kumar Pandey, Smily Sharma, <b>Palak Gupta</b>, Pravin Kumar, Kirti Chaudhry. <b>Medial pterygoid abscess masquerading as a Temporomandibular joint disorder: A case report.</b> Indian Journal of Otolaryngology and Head &amp; Neck Surgery.</li> </ol>

	<p><a href="https://doi.org/10.1007/s12070-024-04518-w">https://doi.org/10.1007/s12070-024-04518-w</a>.</p> <ol style="list-style-type: none"> <li>6. Sweta Soni, Bharti Devnani, Poonam Elhence, Kapil Soni, Deepak Vedant, <b>Palak Gupta</b>, Puneet Pareek, Rakesh Kumar Vyas <b>A Case Report and Review of Literature: Epithelioid Hemangioendothelioma—An Uncommon Challenging Case.</b> Indian J Med Paediatr Oncol DOI: 10.1055/s-0043-1774775</li> <li>7. <b>Gupta P*</b> et al “<b>Platelet-rich plasma in fat graft Type 1 Tympanoplasty- Should we or should we not?</b>” International Archives of Otorhinolaryngology.</li> <li>8. Under Review : “ <b>Invasive Pituitary macroprolactinoma with Spontaneous CSF rhinorrhea – A strategic plan of care</b>” in Indian Journal of Otolaryngology and Head and Neck Surgery</li> <li>9. Under Review : “<b>Harnessing Artificial Intelligence for Life-Saving Skills: The Role of ChatGPT in Basic Life Support Training and Education</b>” in Indian journal of Otolaryngology and Head and Neck Surgery</li> <li>10. Under Review : “<b>The Fundamentals of Management of Fibro-osseous lesions of the Craniofacial Skeleton – The Expected and the Unexpected.</b>” In International Archives of Otorhinolaryngology.</li> </ol>
<p><b>PAPER PRESENTATION</b></p>	<ol style="list-style-type: none"> <li>1. “<b>Lateral Skull Base Defects causing CSF Otorrhea : A short-term Institutional review</b>” 9<sup>TM</sup> ANNUAL CONFERENCE OF INDIAN ACADEMY OF OTORHINOLARYNGOLOGY HEAD AND NECK SURGERY</li> <li>2. “<b>Paediatric Behavioural disturbances and Adenoid Hyperplasia</b>” Paper presentation at AOICON 2020 – The 72<sup>nd</sup> Annual Conference of The Association of Otolaryngologists of India held at Nagpur (9<sup>th</sup>-12<sup>th</sup> January 2020)</li> </ol>
<p><b>POSTER PRESENTATIONS:</b></p>	<ol style="list-style-type: none"> <li>1. “<b>Fibro-osseous lesions of the Craniofacial skeleton – A Retrospective study with literature review</b>” 9<sup>TM</sup> ANNUAL CONFERENCE OF INDIAN ACADEMY OF</li> </ol>

OTORHINOLARYNGOLOGY HEAD AND NECK SURGERY

**2. “A Retrospective analysis of effects of PPE on Laryngeal surgeries at a Tertiary Care Centre”**

Poster presentation at 6<sup>TH</sup> BLK VOICE AND LASER WORKSHOP 2021 & 9<sup>TH</sup> ANNUAL CONFERENCE OF LARYNGOLOGY AND VOICE ASSOCIATION 27<sup>TH</sup>-28<sup>TH</sup> FEBRUARY 2021

**3. “Allergic Fungal Rhinosinusitis with Orbital and Skull base involvement”**

Poster presentation at SkullbaseCon 2021- 22<sup>nd</sup> Annual Conference of Skull Base Surgery Society of India held at AIIMS Jodhpur (22<sup>nd</sup>-23<sup>rd</sup> October 2021)

**4. “Paediatric Behavioural disturbances and Adenoid Hyperplasia”**

Poster presentation at AOICON 2020 – The 72<sup>nd</sup> Annual Conference of The Association of Otolaryngologists of India held at Nagpur (9<sup>th</sup>-12<sup>th</sup> January 2020)

**5. “PPE – A double edged sword? A Retrospective analysis of Oncological Otorhinolaryngology at a Tertiary Care Centre”**

Poster presentation at Foundation for Head and Neck Oncology FHNO 2020 Virtual (12<sup>th</sup>-13<sup>th</sup> December 2020)

**6. “Developmental Aplasia of Bilateral Lower Lateral Nasal Cartilages”**

Poster presentation at 4<sup>th</sup> AIIMS Facial Plastics and Rhinoplasty workshop held at AIIMS Delhi (21<sup>st</sup>-24<sup>th</sup> February 2019)

## **OTHER CONTRIBUTIONS :**

- **Co-author in a chapter “ Airway management in acute trauma”  
Special Considerations in Trauma Care Book** (Authors’ Central – Nova Science Publishers  
(novapublishers.com))
- **Worked in Association with IIT Jodhpur for development of Patient Interactive Chatbot during  
the COVID – 19 pandemic associated Mucormycosis.**

## **Research Projects:**

### **Former Co-investigator -**

**Efficacy of Drug Immo in management of Allergic Rhinitis – An open label prospective clinical  
randomized trial**

## **CONFERENCES / COURSES / WORKSHOPS / CONTINUING MEDICAL EDUCATION PROGRAMMES ATTENDED:**

1. Organizer at **COMPLICON 2022 held at AIIMS Jodhpur**
2. Speaker on Topic: **Post Traumatic Facial Nerve Palsy at ENT Association** held in Jodhpur (25<sup>th</sup>  
June 2022)
3. Delegate at **SkullbaseCon 2021- 22<sup>nd</sup> Annual Conference of Skull Base Surgery Society of India**  
held at **AIIMS Jodhpur** (22<sup>nd</sup>-23<sup>rd</sup> October 2021)
4. Delegate at **National TB Elimination Programme Sensitization** workshop held at **AIIMS  
Jodhpur** (19<sup>th</sup> March 2021)
5. Delegate at **AOICON 2020 – The 72<sup>nd</sup> Annual Conference of The Association of  
Otolaryngologists of India** held at Nagpur (9<sup>th</sup>-12<sup>th</sup> January 2020)
6. Organizer at **3<sup>rd</sup> Annual Live Surgical and Hands-on Soft Cadaveric Dissection Course on  
Rhinoplasty and Facial Plastics** held at **AIIMS Jodhpur** (12<sup>th</sup>-13<sup>th</sup> December 2019)
7. Organizer at **3<sup>rd</sup> Hands-on cadaveric Dissection Course in Head and Neck Surgery** held at  
**AIIMS Jodhpur** (30<sup>th</sup>-31<sup>st</sup> August 2019)
8. Organizer at **Airway Update** held at **AIIMS Jodhpur** (15<sup>th</sup>-16<sup>th</sup> March 2019)
9. Delegate at **4<sup>th</sup> AIIMS Facial Plastics and Rhinoplasty** workshop held at **AIIMS Delhi** (21<sup>st</sup>-24<sup>th</sup>  
February 2019)
10. Organizer at **2<sup>nd</sup> Annual Live Surgery and Cadaveric Dissection Course in Rhinoplasty** held at  
**AIIMS Jodhpur** (12<sup>th</sup>-13<sup>th</sup> October 2018)

11. Organizer at **2<sup>nd</sup> Hands-on Cadaveric Dissection Course in Head and Neck surgery** held at **AIIMS Jodhpur** (17<sup>th</sup>-18<sup>th</sup> August 2018)
12. Organizer at **Post Graduate Workshop** conducted by **Department of Transfusion Medicine, JIPMER, Puducherry** (9<sup>th</sup>-11<sup>th</sup> February 2018)
13. **Voluntary Blood Donor Certificate** in Blood Donation Camp held on 4<sup>th</sup> February 2018, **JIPMER**
14. Certificate of Appreciation at **Donor Felicitation Ceremony 2017** at **JIPMER**
15. Certificate of Participation at **Illuminati 2014** at **Armed Forces Medical College**
16. **Indian Council of Medical Research- Short Term Studentship 2013**
17. Certificate of Participation at **Epidauria Junior Quiz** at **CMC Vellore 2013**
18. Certificate of Participation in **CME on Paediatric Oncology** at **JIPMER 2013**
19. Certificate of Appreciation in **XVIII Indo-US International CME** (Cytology, Hematology, Surgical and Molecular Pathology) at **JIPMER 2013**
20. Certificate of Participation in **National Inter-college Quiz** competition in Spandan 2013 at **JIPMER**
21. Certificate of Participation in Alumni association of **NTTC JIPMER (AANJ) MEDUCON 2011** at **JIPMER**
22. Certificate for **Best in Science stream** (Physics/Chemistry/Biology) 2009 at **St. Mary's Convent High School, Kanpur**
23. Certificate for **Best in Science stream**(Physics/Chemistry/Biology) 2008 at **St. Mary's Convent High School, Kanpur**

#### **MEMBERSHIPS AND CERTIFICATIONS:**

1. Certified BLS Provider - Training at AIIMS Jodhpur 28<sup>th</sup> July 2022
2. Certified ACLS Provider - Training at AIIMS Jodhpur 30<sup>th</sup> July 2022
3. Life Member; The Association of Otolaryngologists of India (AOI)
4. Membership of National Academy of Medical Sciences (MNAMS)

#### **Key skills:**

1. Teaching of UG students, Post graduate Residents
2. Training of Interns, Unconventional Learning and Integrated classes
3. Conducting Theory and Practical Exams for UG and PG students
4. Routine patient care - In OPD, Emergency, OT and Wards
5. Research work - Publications, Chapter, Research projects
6. Worked in Collaboration with IIT Jodhpur to formulate patient interactive Chatbot.
7. Conferences - As Organiser and Delegate

8. Conducting Various Departmental Programmes such as Implan, World Deaf Day/  
Programmes for Cochlear Implantees



